Mid Valley Financial
Mortgage Banker, Since 1985
Broker CA DRE#01206057 | NMLS ID#219418
7644 N. Palm Avenue Fresno, CA 93711

Office: (559) 432-8221
Mobile: (559) 432-8221
info@mvloans.com
View My Website

# Lowest Rates in 14 Months And More Volatility Ahead

Mortgage rates dropped to new long term lows this week with the average lender at the best levels since January 2018. For the most part, we haven't seen much volatility this year, but that could change soon.

The absence of volatility is a factor of uncertainty, more than anything. Sources of uncertainty include:

- Economic contraction potential in foreign economies (China/Europe especially)
- US/China trade relations
- Unclear economic impact from government shutdown (clouding the data)
- Brexit
- Policy shifts at the Fed and the European Central Bank (ECB)

Put another way, investors want to know if the global economic expansion (and especially the US economic expansion) will get any sort of **2nd wind** before we start seeing more concrete signs of an economic contraction.

When uncertainty waxes, markets tend to trade in more narrow ranges and in less conventional patterns relative to one another. This week offered examples of both, but it will take 3 charts to show you.

The first chart is actually last week's stock/bond relationship, which **sets the stage** for the rest of my point.

## National Average Mortgage Rates




| Mortgage News Daily | Rate | Change | Points |
|---|---|---|---|
| 30YR Fixed | 7.33% | -0.12 | 0.00 |
| 15YR Fixed | 6.89% | -0.10 | 0.00 |
| 30YR FHA | 6.95% | -0.10 | 0.00 |
| 30YR Jumbo | 7.44% | -0.06 | 0.00 |
| 7/6 SOFR | 6.81% | -0.19 | 0.00 |
| 30YR VA | 6.97% | -0.10 | 0.00 |

Rates as of: 11/20

## MBS and Treasury

| | Price / Yield | Change |
|---|---|---|
| MBS UMBS 6.0 | 99.51 | +0.41 |
| 10 YR Treasury | 4.9403 | -0.1033 |
| 30 YR Treasury | 5.3324 | -0.0738 |

Pricing as of: 11/20 5:59PM EST

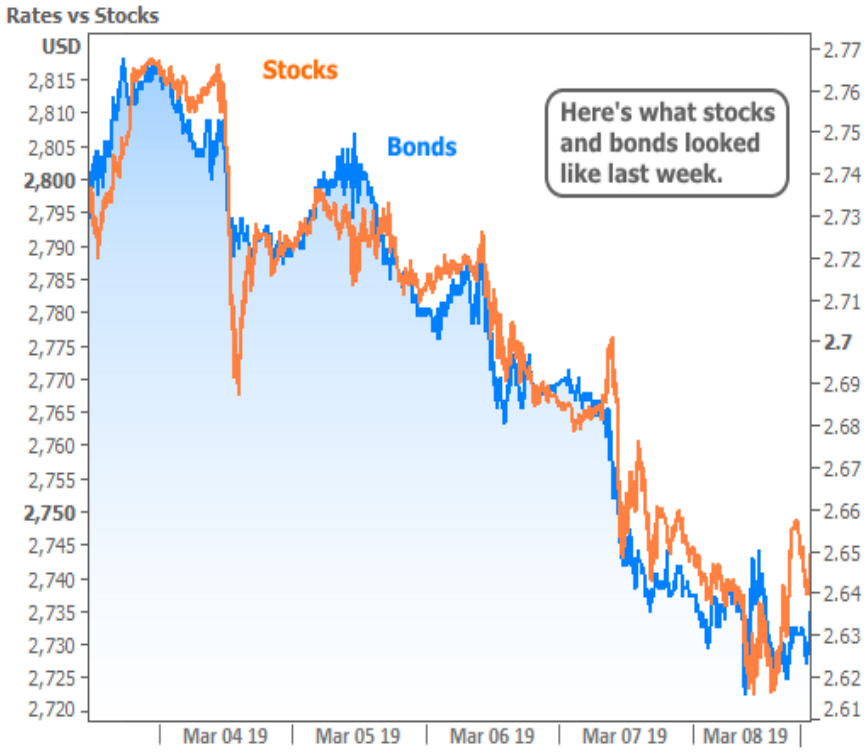
## Recent Housing Data

| | | Value | Change |
|---|---|---|---|
| Mortgage Apps | Nov 11 | 199.8 | -2.35% |
| Building Permits | Oct | 1.3M | -7.5% |
| Housing Starts | Oct | 1.31M | +7.21% |
| New Home Sales | Sep | 676K | -1.17% |
| Pending Home Sales | Oct | 63 | -4.69% |
| Existing Home Sales | Oct | 3.99M | +0.25% |
| Builder Confidence | Nov | 25 | -13.79% |

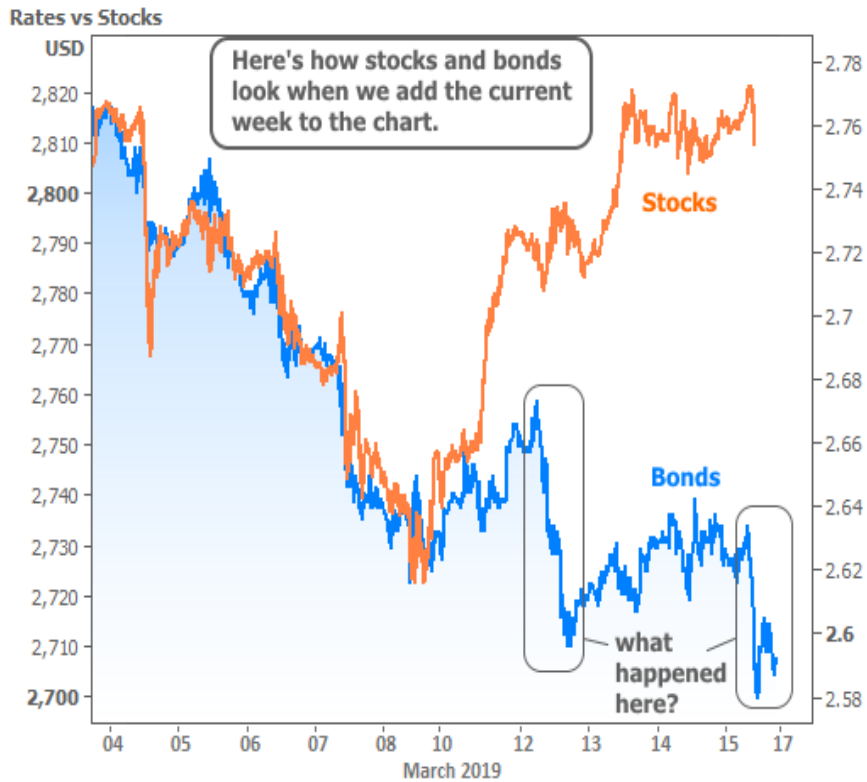
© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

**Read or subscribe** to my newsletter online at: http://housingne.ws/mvloans




The next chart will incorporate all of the info above and add the current week to the mix using the same y-axis relationship from last week.




Clearly, the stock/bond relationship broke down, and clearly, there were a few key moves for either side of the market. What caused them?

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

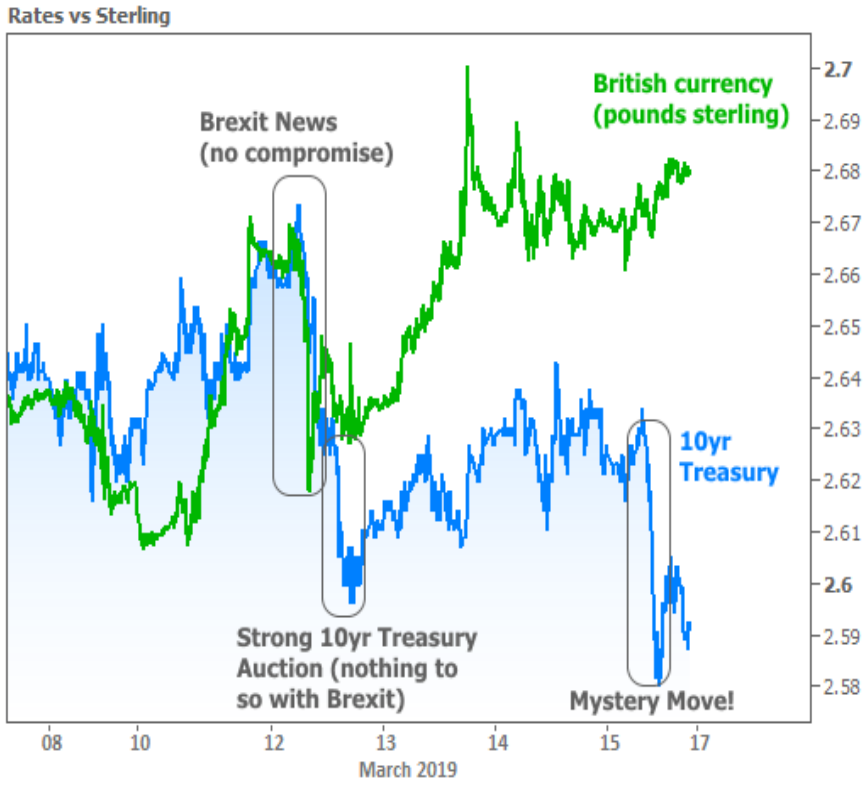
The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

**Read or subscribe** to my newsletter online at: http://housingne.ws/mvloans

Early in the week, **brexit-related headlines** grabbed the market's attention. The finer points are esoteric and perhaps boring, but the gist is that Britain is hoping to exit the EU with some sort of **compromise deal** that makes for a softer landing on the other side of the EU's members only fence. Headlines fueled hopes for a compromise deal on Monday night, but were quickly walked back on Tuesday morning. That walk-back helped rates move lower.

Because a "no deal" brexit is thought to be more potentially damaging to the global economy, bonds improved (the blue line moved lower). That's what bonds do when economic stability is called into question! **Think of it like this:** investors can buy protection from risk by buying bonds (which have a virtually guaranteed rate of return). When investor demand increases, bond prices increase. When bond prices increase, bond yields (or "interest rates") fall.

If we remove stocks from the previous chart and add British currency, we can get a better view of the specific effects from the brexit-related headlines. This lines up well with Tuesday morning's drop in Treasury yields , but it wasn't the day's only consideration for rates. The afternoon brought a scheduled auction of 10yr Treasuries. It saw surprisingly strong demand--essentially tipping off traders that other traders really wanted some 10yr Treasuries! Again, higher demand = lower yields/rates.




The 10yr auction was actually a revelation of sorts (circumstances suggested the auction could be tougher than normal). It carried bonds through the rest of the week with minimal damage, even as stocks and brexit sentiment argued for rates to move a bit higher.

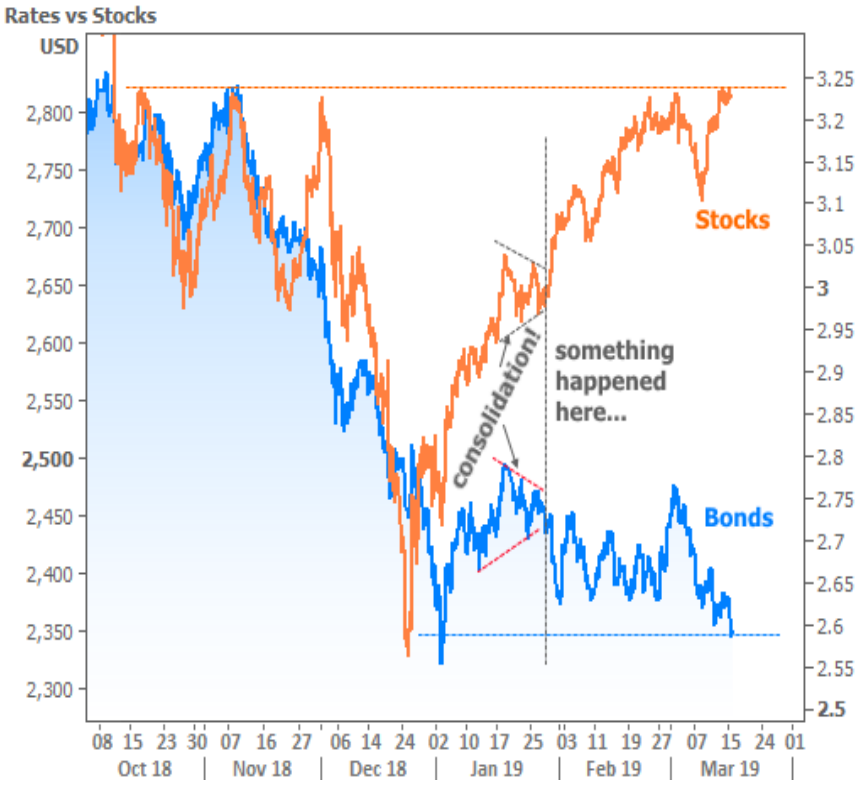
Then on Friday morning, the "mystery move" took rates to the lowest levels in a long time. For Treasury yields, you'd have to go back to January 2019 to see anything lower. But for mortgage rates, you'd have to go back another 12 months!

So what's up with the mystery move? First of all, it's small potatoes in the bigger picture. That said, the bigger picture also has a lot to do with those potatoes--specifically this bigger picture which shows the divergence between stocks and bonds. Notice that both have moved to challenge their best levels in months. Such behavior is reminiscent of their reaction to the Fed's bond buying programs of the past decade, and this time is no different!

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

**Read or subscribe** to my newsletter online at: http://housingne.ws/mvloans




No, the Fed isn't getting ready to unveil another quantitative easing (QE) package, at least not directly. Indirectly, however, markets are about to feel the same sort of QE-driven euphoria. In fact, they've been feeling it for a few months now.

The reason has to do with the Fed's balance sheet which consists of bonds purchased during previous QE programs. At just under $4 trillion, it's big, and it provides the Fed a big monthly income (bonds are like loans, and the Fed is the lender collecting the payments). Until 2018, the Fed had been using that income to buy more bonds. Since then, they've been letting the balance sheet run-off at a controlled pace.

In December, Fed Chair Powell said the run-off was on auto-pilot and that they didn't see it causing problems. The stock market disagreed, and fell to its lowest levels in more than a year. Depending on one's choice of verbiage, the Fed "caved" in January. At first, this happened in speeches with various Fed members saying friendlier things about monetary policy plans. Then it was made official with the January 30th announcement which introduced the notion of the Fed being "patient" with further rate hikes. In the post-meeting press conference, Powell alluded to an active discussion about ending the balance sheet run-off, and that was all markets needed to hear.

Understand that by ending the balance sheet run-off, the Fed would effectively be re-starting 10s of billions of dollars of bond buying each month. Just as 10s of billions of dollars of bond buying did during the QE era, it is now pushing stocks and bonds toward stronger levels. It's no coincidence that both sides of the market are toeing the lines seen in the chart above. Next week brings the next Fed Announcement--one that will contain the most clarity we've yet seen on the balance sheet topic.

Long story short, traders are getting in position for good news. They'll probably get it, but no one knows exactly how good it will be. Friday's mystery move was just a small manifestation of that positioning process. If the Fed sees the need to be friendlier than markets expect on Wednesday, it would just be the tip of the iceberg. Conversely, if the Fed keeps markets waiting, both stocks and bonds might be inclined to head back in the other direction.

Subscribe to my newsletter online at: http://housingne.ws/mvloans

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

**Read or subscribe** to my newsletter online at: http://housingne.ws/mvloans

## Recent Economic Data

| Date | Event | Actual | Forecast | Prior |
|---|---|---|---|---|
| **Monday, Mar 11** | | | | |
| 8:30AM | Jan Retail Sales (%) | 0.2 | 0.0 | -1.2 |
| **Tuesday, Mar 12** | | | | |
| 8:30AM | Feb Core CPI (Annual) (%) | +2.1 | 2.2 | 2.2 |
| **Wednesday, Mar 13** | | | | |
| 7:00AM | w/e Mortgage Refinance Index | 1108.3 | | 1110.9 |
| 7:00AM | w/e MBA Purchase Index | 250.8 | | 240.5 |
| 8:30AM | Feb Core Producer Prices YY (%) | +2.5 | 2.6 | 2.6 |
| 8:30AM | Jan Durable goods (%) | 0.4 | -0.5 | 1.2 |
| 8:30AM | Jan Nondefense ex-air (%) | 0.8 | 0.1 | -1.0 |
| 10:00AM | Jan Construction spending (%) | 1.3 | 0.4 | -0.6 |
| **Thursday, Mar 14** | | | | |
| 8:30AM | Feb Import prices mm (%) | 0.6 | 0.3 | -0.5 |
| 8:30AM | Feb Export prices mm (%) | 0.6 | 0.1 | -0.6 |
| 8:30AM | w/e Jobless Claims (k) | 229 | 225 | 223 |
| 10:00AM | Jan New home sales-units mm (ml) | 0.607 | 0.620 | 0.621 |
| 10:00AM | Jan New home sales chg mm (%) | -6.9 | -0.6 | 3.7 |
| **Friday, Mar 15** | | | | |
| 8:30AM | Mar NY Fed Manufacturing | 3.70 | 10.00 | 8.80 |
| 9:15AM | Feb Industrial Production (%) | 0.1 | 0.4 | -0.6 |
| 10:00AM | Mar Consumer Sentiment | 97.8 | 95.3 | 93.8 |
| **Monday, Mar 18** | | | | |
| 10:00AM | Mar NAHB housing market indx | 62 | 63 | 62 |
| **Wednesday, Mar 20** | | | | |
| 7:00AM | w/e Mortgage Refinance Index | 1146.8 | | 1108.3 |
| 7:00AM | w/e MBA Purchase Index | 251.5 | | 250.8 |
| 2:00PM | N/A FOMC rate decision (%) | 2.250 - 2.500 | 2.375 | 2.375 |
| **Thursday, Mar 21** | | | | |
| 8:30AM | Mar Philly Fed Business Index | 13.7 | 4.5 | -4.1 |
| 8:30AM | w/e Jobless Claims (k) | 221 | 225 | 229 |
| **Friday, Mar 22** | | | | |
| 10:00AM | Jan Wholesale inventories mm (%) | 1.2 | 0.2 | |
| 10:00AM | Feb Existing home sales (ml) | 5.51 | 5.10 | 4.94 |
| 10:00AM | Feb Exist. home sales % chg (%) | 11.8 | 2.2 | -1.2 |
| **Wednesday, Apr 10** | | | | |
| 1:00PM | 10-yr Note Auction (bl) | 24 | | |

## Event Importance:

No Stars = Insignificant




© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

**Read or subscribe** to my newsletter online at: http://housingne.ws/mvloans

| Date | Event | Actual | Forecast | Prior |
|---|---|---|---|---|
| **Thursday, Apr 11** | | | | |
| 1:00PM | 30-Yr Bond Auction (bl) | 16 | | |


## Who is Mid Valley Financial?

Since 1985, Mid Valley Financial has been a trusted partner for complex real estate financing solutions. We specialize in handling unique and challenging loan scenarios, including those with non-traditional income or asset documentation. Our expertise in hard money and private money lending offers quick funding and flexible terms for real estate investors, business owners, and agricultural operators. Whether you need funds for purchasing, renovating, or refinancing properties, our experienced team is here to help.

Beyond hard money lending, we offer a comprehensive suite of competitively priced home loan options, including conventional, FHA, VA, and jumbo loans. So whether you are a first-time homebuyer, looking to secure the family estate or vacation property, or have unique financial circumstances, our experienced team can help you find the best solution.

Our commitment to exceptional customer service and innovative financing solutions has made us one of the leading direct lenders and mortgage brokers in the California real estate market. With a proven track record of success and a focus on building long-term relationships, we're here to help you achieve your financial goals.

**Mid Valley Financial** MVF

EQUAL HOUSING LENDER

EQUAL HOUSING OPPORTUNITY


© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

**Read or subscribe** to my newsletter online at: http://housingne.ws/mvloans